

Chicken, Lentil and Barley Soup

Wednesday, April 15, 2015 6:56 AM

Ingredients

1/2 cup dry lentils

1 cup chopped onion

1/2 cup chopped red or green sweet pepper

2 clove garlic, minced

2 tablespoons margarine or butter

5 cups chicken broth

1 1/2 teaspoons snipped fresh basil or 1/2 teaspoon dried basil, crushed

1 teaspoon snipped fresh oregano or 1/4 teaspoon dried oregano, crushed

3/4 teaspoon snipped fresh rosemary or 1/4 teaspoon dried rosemary, crushed

1/4 teaspoon pepper

1 1/2 cups chopped cooked chicken

1 1/2 cups sliced carrots at the end so they don't get too soft.

1/2 cup barley

1 14 1/2 ounce can tomatoes, cut up

I put all in the crock pot and put carrots in last.